



Arizona State Board of Nursing

*Joey Ridenour
Executive Director*

The Arizona Nurse Practitioner Summit

September 29, 2006

1970-2006 Factors Shaping Advanced Practice Movement in Arizona

**In next ten minutes will discuss three
decades of Compelling Events that have
shaped the evolving role of the APRN
role in Arizona**

1970-2006 Factors Shaping Advanced Practice –Evolution of Terms

1960's-1970's

**Expanded role or extended role implied
horizontal movement to encompass
expertise from medicine**

First Term in Arizona?

Advanced Practice in Arizona

- **1970's characterized by intraprofessional conflict as some leaders in the nursing community rejected the role**
- **Nursing Leaders claimed NP's left to become the handmaiden of physicians**
- **Pro "NP" faculty teaching led formation of National Organization of Nurse Practitioner Faculties**

***Legal Battles Between APRN Specialties & Medicine Longstanding
But Assisted in Legitimizing AP Roles***

- **1970 – What was the First Hospital to Develop an Pediatric Nurse Associate Program in 1970?**
- **Board of Medical Examiners & some physicians expressed concerns about the practice of the “products” of the program**
- **Most tensions evolved around control, autonomy & economic competition**

Gary K. Nelson

Attorney General Opinion No 71-30

August 6, 1971

Requested by: Paul R Boykin, ED Board of Medical Examiners

Question: What statutory limitations are applicable to the Pediatric Nurse Associate Program, which contemplates the training of Registered Nurses?

Opinion: From the review and analysis of the Medical Practice Act (MPA) and the Nurse Practice Act (NPA), it is apparent that certain aspects of the proposed functions contemplated for the Pediatric Nurse Associate would violate both the provisions of the MPA and the NPA. Specifically, a nurse is precluded from performing a medical diagnosis or prescription of medical, therapeutic or corrective measures.

To fully implement this new program, certain statutory changes must be enacted to permit these activities.

November 1971- Arizona Nurse's Association Three Recommendations to Arizona State Board of Nursing

- 1. RN's with appropriate education & clinical experience & desirous of extending their functioning & role, be encouraged to enter programs which will expand their knowledge & skills enabling them to function as Nurse Practitioners**

AzNA Recommendations Continued

- 2. Short term courses & regulations of the practice of RN's functioning in expanded roles be regulated by AzBN with policies created in cooperation with the Board of Medical Examiners**
- 3. Appropriate efforts be made to establish the qualified RN as a "Primary Care Practitioner" capable of providing the client entry into the health care system**

Powerful Influence: Seven Months to Change NPA

- **Bill amending NPA was passed as emergency measure May 1972**
- **Hearing held on Rules & Regulations for Extended Role on June 15, 1973**
- **Two Nurse Practitioner Roles were approved:
Pediatric Nurse Associate
Nurse Midwife**

1973 - Pediatric Nurse Associate

Entrance Requirements:

- Graduate of accredited program**
- RN Licensure**
- Previous experience in pediatrics**

Length of Program:

- Four months**

Arizona Board of Medical Examiners Letter October 4, 1973

Dear Mrs. Brierley:

It is our understanding that the adopted Rules & Regulations of the Arizona State Board of Nursing Examiners in the program for the "Extended Role of the Nurse" includes the requirement of physician supervision for these nurses to function in such capacity.

We presume it is the intent of the Arizona Board of Nursing Examiners that it require and supervise this obligation so that the question of practicing medicine without an Arizona License to do so will not become an issue or portent and create a diverse effect on the exemplary program of merit.

Would you kindly let us have the benefit of your comments relative hereto at your earliest opportunity.

Response to Arizona Board of Medical Examiners October 22, 1973

Dear Dr. Dexter:

It is the intent of the Arizona State Board of Nursing that it will enforce this Section of the Rules & Regulations as it does all other nursing laws under its jurisdiction.

.....it is the Boards plan to continue with the development of other specialty areas and which proposal will be subject to the same procedures.

Sincerely,

Mrs. Zona B. Brierley, RN
Executive Secretary

Mrs. Brierley was right.....

In addition to the first NP's recognized as
Pediatric Nurse Practitioner & Nurse Midwives

1. Adult Nurse Practitioner
2. Family Nurse Practitioner
3. Acute Care Nurse Practitioner
4. Gerontological Nurse Practitioner
5. Adult Psychiatric & Mental Health Nurse Practitioner
6. Family Psychiatric & Mental Health Nurse Practitioner
7. Women's Health Nurse Practitioner
8. Neonatal Nurse Practitioner
9. Pediatric Acute Care

August 1974

Meeting Held With NP's

**20 Nurse Practitioners & AzBN
Establish \$75 initial fee for
initial certification**

**August 2006 Fee – 32 years later
\$135**

1970's - AP Trail Blazers in Arizona

- **Nurse Anesthetists**
- **Nurse Midwives**
- **Pediatric Nurse Practitioners**
- **Family Nurse Practitioners**
- **Adult Nurse Practitioners**

1970 – CRNA

Legislation Originally Passed 1923 – Revised Statute: 1970

House Bill 68 –ARS 32-1661

Prescribed Conditions when RN may administer anesthesia

A licensed RN may administer anesthetics under the direct supervision of and in the presence of a licensed physician or surgeon if the nurse has complete a nationally accredited program in the science of anesthesia. As used in this section, “presence” means within the same room, an adjoining room or within the same surgical or obstetrical suite.

1974 - Family Nurse Practitioner

University of Arizona FNP Program Approved

Entrance Requirements:

Graduate of accredited program

2 years of experience as graduate nurse

ACT test scores

Meet requirements of University of Arizona

Length of Program:

12 months

1975 - Geriatric Nurse Practitioner

Length of Program:

**9 months; 3 month educational & 6 months
preceptor ship with a physician**

**GNP will work collaboratively with physicians, be prepared to
make independent judgments & assume responsibility for
providing primary health care to older individuals**

First Budget: \$34,190

(faculty/consultant/equipment/supplies/travel/rental)

1975 – Adult Nurse Practitioner

University of Arizona & VA/Prescott

Length of Program:

16 weeks – 10 weeks of didactic & 6 weeks clinical

Under direct supervision of a physician

Eligibility

2 years clinical nursing experience

**successful completion of pretest covering basic
sciences**

1975 – Adult Nurse Practitioner

Functions of ANP

Record & evaluate health/psychosocial history

Perform physical exam

Orders & performs diagnostic tests

Discriminates between normal & abnormal findings

Initiates entry into the health system

Identifies & manages minor or acute illnesses

Provides initial care of emergencies & initiates continuing care

1981-Neonatal Nurse Practitioner

Forerunner of Acute Care NP of 1990's

Length of Program:

One academic year / four months classroom

**Practices in collaboration & under direction of a
physician**

Initiates entry into the health care system

**Performs physical exam including appropriate diagnostic,
screening & laboratory procedures**

**Discriminates between normal & abnormal findings of
data base, initiates referrals & consultation**

Regulates & adjusts medications & treatments

Evolution of Educational Requirements Advanced Practice in Arizona

**Early specialty education was postgraduate;
commonly post associate or baccalaureate & did
not result in a master's degree**

Early programs were variable in length & quality

**Educational programs moved from informal,
institution based models with strong
apprenticeship to formalized graduate education
programs**

**Today's consensus: graduate education at the
master's level is requirement for APRN**

Evolution of Advanced Practice in Arizona

21st Century Challenges in Arizona

APRN Compact

Emphasis on evidence based practice

**Increasing awareness of a global
community**

Advanced Practice in Arizona

September 29, 2006

- **Nurse Practitioners** **2,653**
- **Clinical Nurse Specialists** **138**
- **Nurse Midwives** **193**
- **Nurse Anesthetists** **423**

Advanced Practice in Arizona

September 29, 2006

• Nurse Practitioners	2,653
– FNP	1,046
– ANP	450
– Women's Health NP	334
– PNP	226
– NNP	154
– Psych/Mental Health NP	136
– GNP	57