

# SCOPE OF PRACTICE COMMITTEE

November 27, 2007

**Members Present:** See Attached List

**Guests Present:** See Attached List

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## **Call to Order:**

Pat Johnson, co-chairperson, called the meeting to order at 10:07am.

### **I. Introductions**

Pat Johnson asked the guests in the audience to introduce themselves.

### **II. Review and approval of August 28, 2007 minutes.**

### **III. Advisory Opinions reviewed/approved at the September 2007 Board Meeting**

- A. Injection of Lidocaine, Liposuction** – When the Board reviewed this opinion, Board member Theresa Crawley objected to the fact that the revised draft stated that a CRNA could administer tumescent lidocaine for liposuction procedures. She asked that the SOP Committee relook at this. After additional research, the sentence was revised to read: “It is not within the scope of practice for the RN to administer tumescent lidocaine for liposuction procedures”.

#### **Recommendation/Action Taken/Responsible For**

A motion was made by Kimberly LaMar and seconded by Donna Heitmann to accept the revised wording and take to the January 2008 Board meeting for approval. Motion carried. Responsible person – Judy Bontrager.

### **IV. Review of current advisory opinions**

- A. Lasers (Pigment & Vascular Specifics) for Cutaneous Procedures** – Clinton Armer reviewed the proposed changes to this advisory opinion: addition that an LPN can perform procedures, that a Nurse Practitioner is considered a licensed provider, added topical anesthetic creams and local infiltrates, and updated the reference list. Joan Olcott stated that Georgia legislature had just passed legislation allowing nurses to do these procedures and to supervise technicians who are doing some of the tasks.

#### **Recommendation/Action Taken/Responsible For**

- B. Pre-hospital Nursing** – Donna Heitmann reviewed the discussions that the committee has had for past 3 meetings regarding this advisory opinion. At this time she recommended that we take the revised draft to the Board for approval and in the future work with Department of Health Services/Emergency Medical Services to obtain their input. James Soler also stated he had addressed a letter to Terry Mullins Bureau Chief, EMS with questions regarding the role of the RN in pre-hospital care.

#### **Recommendation/Action Taken/Responsible For**

A motion was made by \_\_\_\_\_ and seconded by Mary Hubenthal to take the revised draft to the January Board meeting. Motion carried. Responsible person – Judy Bontrager.

- C. Deep Sedation for Ventilated Patients** – Kim Eacott reviewed proposed revisions: change of intensive care to critical care, including “by titration to clinical response” in the initial statement regarding RN scope of practice, the RN’s right and responsibility to refuse to administer medications, and updated references. Kim Eacott noted that RN’s can not bolus deprovan.

**Recommendation/Action Taken/Responsible For**

A motion was made by Joan Olcott and seconded by Susan Poole to take the revised draft to the January Board meeting. Motion carried. Responsible person – Judy Bontrager.

- D. Death, Assessment of** – An email request from Patricia Mulleneaux was sent asking the Scope of Practice committee to clarify if an RN needs to be called to “assess/pronounce” when a patient is found without vitals by an LPN in the LTC setting. Debra Henry reported that she had reviewed the literature from multiple other states and that in Virginia, Montana, Vermont, Nevada, Louisiana, California, Rhode Island, Oregon, and Texas the RN does assessment/pronouncement of death. In North Carolina and Iowa an LPN can make this assessment/pronouncement. The committee felt that the advisory opinion should stand as is: i.e. an RN has the authority to make the assessment/pronouncement of death.

**Recommendation/Action Taken/Responsible For**

Contact Pat Mulleneaux and notify her of decision – Judy Bontrager.

- E. Analgesia: Intraspinal (Epidural and/or Intrathecal) Medication** – Susan Mayer reviewed with the committee the suggested changes and revised format. The Association of Women’s Health Obstetric & Neonatal Nurses (AWHONN) still states that the RN should not increase/decrease the rate of a continuous infusion, which is currently included in the Boards’ advisory opinion. Susan Mayer stated that Oregon and Maryland also disagree with AWHONN on this area as well. Susan Mayer stated that she will be attending an AWHONN meeting in December and will seek more information on this area.

**Recommendation/Action Taken/Responsible For**

Continue discussion at February 26, 2008 Scope of Practice Meeting – Susan Mayer, Amy Warengo, Susan Poole.

- F. Intravenous Therapy Venipuncture: The Role of the Licensed Practical Nurse** – Discussion postponed until February 26, 2008 Scope of Practice Meeting.

**V. New Topics of Discussion**

- A. Administration of Nitrous Oxide by Registered Nurses** - The following guests joined this discussion by phone: Dr. Morris Clark, Director of Anesthesia of the University of Colorado, Dr. Judy Zier and Mary Kay Farrell, RN from Children’s Hospital of Minnesota. Guests present for discussion include Mary Wojnakowski, CRNA, Dr. Tarek Youseff, and Dr. Anthony Caputo. James Soler reviewed the draft of the newly proposed Advisory Opinion. Discussion

followed: Dr. Caputo spoke regarding the educational requirements, two hours dedicated to Nitrous Oxide plus 3 clinical experiences of administration. Dr. Clark spoke of 8 hours didactic and a second day for clinical training. Dr Zier stated Minnesota requires fourteen hours for dental hygienists. She felt three hours training would be adequate for nurses, plus three “starts to finish”. Ms Farrell stated they had changed their training program to competency based versus “x” number of hours. James Soler stated he has spoken with Mesa community College about offering a course for training. Dr. Clark, author of Handbook of Nitrous Oxide Oxygen Sedation, stated Nitrous Oxide is an “impeccably safe” drug and is a wonderful service for patients. Mary Wojnakowski raised the question of physicians’ presence when Nitrous Oxide is administered; i.e. immediately present/in room/in department/in unit. Mary Wojnakowski also voiced that the reason the dental community has had such success in using nitrous oxide is because they regulate every aspect from education to schooling. Both Drs. Zier & Clark stated a physician should be readily available when administering nitrous oxide. Dr. Caputo stated that in the literature up to 50% nitrous oxide is considered minimal sedation and more than 50% nitrous oxide is considered moderate sedation. Dr. Clark emphasized that 50% only gave greater likelihood that the patient could go into conscious sedation and that nitrous oxide should be titrated so that the patient remains conscious but anxiolytic.

### **Recommendation/Action Taken/Responsible For**

A motion was made by Joan Olcott and seconded by Clint Armer to take the draft advisory opinion to the January Board Meeting. The motion carried, but had two opposing votes. Responsible person – Judy Bontrager.

## **VI. Request to modify Advisory Opinion: Supervision of Unlicensed Nurse Externs by RN’s**

ASU nursing student Anne Smith presented her request to the committee; to allow nursing students to insert IV’s while working as a nurse extern. Anne Smith indicated this could lead to increased patient satisfaction by having nurses better prepared when they become RN’s. Anne Smith stated externs are permitted to insert IV’s in Nevada and Wisconsin. Committee members voiced comments in support for this request. It was noted that hospitals could or could not put policies in place to permit this additional skill by externs.

### **Recommendation/Action Taken/Responsible For**

Revise current advisory opinion to include that nurse externs who have had didactic and clinical education in starting IV’s could insert peripheral IV’s, discontinues IV’s and complete dressing changes under the direct supervision of an RN, including saline flushes. Bring revised advisory opinion to February 26, 2008 Scope of Practice Committee meeting for review – Kimberly LaMar and Susan Poole.

## **VII. Proposed meeting dates for Scope of Practice – 2008**

The dates approved for meetings in 2008 are:  
February 26, 2008  
May 20, 2008  
August 26, 2008  
December 2, 2008

### VIII. Advisory Opinions needing review in 2008 –

The following persons agreed to be responsible to review:

LAST REVISED	ADVISORY OPINION/ NEW SUBJECTS	RESPONSIBLE MEMBERS	SUGGESTED DATE TO PRESENT TO COMMITTEE
11/04	Analgesia: Intraspinal (Epidural and/or Intrathecal) Medication	Susan Mayer, Amy Warengo	2/26/08
5/04	Stress Testing: Pharmacological	Mary Hubenthal, Debra Martin	2/26/08
NEW	Manipulation of Endoscopes by RN	Joan Olcott, Marla Moore, Aleksandra Yearwood	2/26/08
NEW	Subcutaneous Infusion Therapy by Licensed Practical Nurse	Marla Moore, Susan Poole, Eva Woodburn	2/26/08
6/03	Conscious Sedation for Diagnostic & Therapeutic Procedures	Mary Hubenthal, James Soler	5/20/08
1/04	Advisory Opinion Process	Marianne Locke, Debra Henry	5/20/08
1/05	Dermatological Procedures Performed by Registered Nurses	Joan Olcott, Clint Armer	5/20/08
5/04	PICC Insertion: Radiographic Verification of Placement & Removal	Ann Earhart, Kimberly LaMar	5/20/08
1/05	Intraventricular Implanted Devices/Temporary Intracranial Catheters	Kim Eacott	5/20/08
9/05	Dual Profession & Dual Health Care Licensure/Certification	Donna Heitmann, Clint Armer, Pat Johnson	8/26/08
9/05	Electrophysiology Related Procedures by RN's	Colleen Payne, Joan Olcott	8/26/08
9/05	Peripherally Inserted External Jugular Catheters	Ann Earhart, Susan Poole, James Soler	8/26/08

### IX. Adjournment

The meeting was adjourned at 2:22 pm.

Minutes respectfully submitted by:

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Judy Bontrager, RN, MN

Draft Minutes submitted to the Board January 2008

Minutes to be approved by the SOP Committee February 26, 2008

JB/cc

**Scope of Practice Committee Meeting  
Arizona State Board of Nursing**

**November 27, 2007**

**List of Attendees**

**SOP Committee Members**

Clinton Armer, RN, BSN  
Kimberly Eacott, RN, BSN, CCRN  
Donna Heitmann, RN, BSN, MPH, EMT  
Patricia Johnson, LPN  
Kimberly LaMar, RN, BSN, MSN, ND/DNP, CNNP,  
RNC, DPD/BC  
Susan Mayer, RNC, MSN  
Joan Olcott, RN  
Colleen Payne, RN, MS-NL, TNCC  
James Soler, RN, BSN  
Eva Woodburn, RN, BSN, MSN  
Aleksandra Yearwood, RN CPNC, RNFA  
Judy Bontrager, RN, MN  
Joey Ridenour, RN, MN

**Guests**

Anne Smith, ASU Student Nurse  
Sally Jo Richter, Banner Gateway  
Brenda Downs, Mercy Gilbert Medical  
Eileen Smith, Banner Gateway  
Margaret Zamora, ASU RN, VA Medical  
Theresa Crawley, CRNA  
Mary Wojnakowski, CRNA  
Tarek Youssef, MD  
Dr. Anthony Caputo

**Teleconferenced:**

Dr. Morris Clark, Director of Anesthesia at  
University of Colorado  
Dr. Judy Zier & Mary Kay Farrell RN from  
Children's Hospital of Minnesota