

SCOPE OF PRACTICE COMMITTEE

DRAFT

August 28, 2007

Members Present: See Attached List

Guests Present: See Attached List

Call to Order:

Karen Hardy, co-chairperson, called the meeting to order at 10:07am.

I. Introductions

Karen asked the guests in the audience to introduce themselves.

II. Review and approval of June 12, 2007 minutes

A motion was made by Marla Moore, and seconded by Shirley Rodriguez to accept the minutes. Motion carried.

III. Advisory Opinions reviewed/approved at the July 2007 Board Meeting:

A. Intravenous Administration of Contrast Media

B. Intravenous Therapy/Venipuncture: The Role of the Licensed Practical Nurse

C. Intubation: Endotracheal, Esophageal, Obturator Airway, Laryngeal Mask Airway:
The Role of the Registered Nurse

D. Blood Cell Saving: The Role of the RN & LPN

E. Registered Nurse First Assistant - RNFA

IV. Review of Web Page Features - Arizona State Board of Nursing, National Council of State Boards of Nursing

Adam Henriksen, Information Technology and Judy Bontrager reviewed the content of the two websites. Judy Bontrager discussed ways to connect with other Boards of Nursing when searching for advisory opinion content from other states. James Soler stated that he had created a spread sheet with the web addresses of other states to link directly to advisory opinions/declaratory statements they have published. Soler stated he would share that information with all of the committee members. Kimberly LaMar suggested we add to the Arizona state Board of Nursing website a statement regarding National Council State Board of Nursing and their relationship with the Board.

V. Review of Current Advisory Opinions:

A. Lasers (Pigment & Vascular Specific) for Cutaneous Procedures - Joan Olcott, Clint Armer

Joan Olcott reviewed the history of the difference between the advisory opinion and the rules of the Arizona Radiation Regulatory Agency (ARRA). For example, ARRA rules stating the need for direct (in the facility) supervision for cosmetic procedures; and not considering Nurse Practitioners as a licensed health care provider. Joan Olcott reported that in a recent call to John Lamb with ARRA, draft rules have been prepared to modify their current rules to align with the AZBN Advisory Opinion. However, Lamb stated he did not know when the rules would go for review and that he is retiring this month. Sue Heck, NP, a guest at the meeting, stated that she had been told by the ARRA that she could not assist as a licensed health care provider. She stated she is currently in the process of applying for an exemption to that. Heck discussed the training required of nurses to be state certified (40 hours of didactic and 24 hours of clinical) and emphasized the need for compliance with national standards and annual updates. Sue Heck stated there are currently 20 schools in Maricopa County who provide this training. Joan Olcott stated she sees higher standards of practice in this field since more nurses are entering this specialty versus persons who have no medical background. Clint Armer reviewed the proposed revisions to the current advisory opinion. The committee discussed the role of the LPN and felt it would be within the Scope of Practice for LPN's to perform cutaneous procedures using pigment and vascular specific lasers.

Recommendation/Action Taken/Responsible For

A motion was made by Jeanette Sasmor and seconded by Eva Woodburn to add the LPN role, include standards in the references, add the Nurse Practitioner as a licensed provider under general requirements and return the draft for review by the committee at the November 2007 meeting. Motion carried. Responsible persons - Joan Olcott, Clint Armer.

B. Pre-hospital Nursing

Donna Heitmann offered a draft of this advisory opinion including input from the committee at the June 12 meeting. James Soler expressed concern regarding the recommendation for Certified Transport Rural Nurse (CTRN) certification; stating this is a newly introduced test (12/06) and includes no clinical assessment. James Soler stated the test has been endorsed by the Emergency Department Nurses Association and the Flight Nurses Association. Soler also voiced a need to include a list of specific procedures the nurse could do in the pre hospital/inter facility transport setting. Guest Barb Schaeffer, RN from Mercy Gilbert Medical Center stated there is a lot of confusion around pre-hospital nursing, especially with ground transport, specifically inter-facility transport, pre facility care, requirements to be called a pre hospital nurse, and base hospital status – is base hospital required? Guest Jason Lin RN, flight nurse with Eagle Air Med, clarified that base hospital and physician director are separate issues. Lin stated that the EMS provider is no longer requiring a base hospital. Jeanette Sasmor asked if additional, more current references could be added.

Recommendation/Action Taken/Responsible For

A motion was made by Marla Moore and seconded by Pat Johnson to table the discussion and allow the sub committee to re look at the draft, adding additional information to the draft for discussion at the next SOP committee meeting on November 27, 2007. Motion carried. Responsible persons - Donna Heitmann, James Soler, guest: Jason Lin.

C. Deep Sedation for Ventilated Patients

A question was raised if medications to provide deep sedation for ventilator patients could be administered in hospice settings as well as intensive care settings. Donna Heitmann stated that most hospice programs do not take ventilator patients but some may. Colleen Payne raised the question regarding giving a bolus versus titrating versus a bolus via a pump. The committee felt more clarification was needed in this area. Guest Theresa Crawley RN, CRNA, Board member stated she saw no problem with deep sedation and that she sees medication titrated on pumps versus bolus.

Recommendation/Action Taken/Responsible For

A motion was made by Marla Moore and seconded by Pat Johnson to have the sub committee revise the draft based on comments/concerns voiced by the committee and return a revised draft to the committee on the November 27, 2007 meeting. Motion carried. Responsible persons - Karen Hardy, Kim Eacott, and James Soler.

D. Injection of Lidocaine, Liposuction

Jeanette Sasmor reviewed the content of the literature search that she did to support that injection of lidocaine for liposuction is not within the scope of practice of an RN. Aleksandra Spanovich, plastic surgery nurse also supported that stand. Guest Theresa Crawley, RN, CRNA, Board Member, also voiced support of that opinion.

Recommendation/Action Taken/Responsible For

A motion was made by Pat Johnson and seconded by Donna Heitmann to take the revised draft to the September Board meeting for approval. Motion carried. Responsible person - Judy Bontrager.

VI. New Topic for Discussion

A. Administration of Nitrous Oxide by Registered Nurse

James Soler presented a power point presentation giving the committee an overview of N2O, explaining delivery devices/failsafe technology, current use and application of N2O, and required training and education. Soler reported that a survey of other states showed that 32 states do not have an advisory opinion regarding RN's administering N2O, 2 states allow RN's to administer N2O and 2 states indicate administration of N2O is not within the RN scope of practice. Extensive references were provided and a draft advisory opinion was reviewed. Guest Dr. Terek Youssef, Anesthesiologist stated that N2O is a safe drug; he stated Ativan and other drugs aren't sufficient for acute onset. N2O can be used in healthy patients and leaves the system as quickly as the onset. Guest Dr. Mary Wojnakowski, CRNA and Director of the Nurse Anesthesia Program at Midwestern, stated that the American Association of Nurse Anesthetists (AANA) doesn't oppose nurses administering N2O but they don't necessarily support it. Dr. Wojnakowski stated that discussions' regarding administration of N2O always includes

dental hygienists and she noted they have very specific guidelines to follow. They must have training, take a certification exam, and that the Dental Board says the education can not be hospital based training. The percentage of N2O was also a concern for Dr. Wojnakowski. She stated dental hygienists are restricted to 50%, as also stated in the declaratory statement by the Maryland Board of Nursing. Direct MD supervision is also required by Maryland. Dr. Wojnakowski stated AANA reviews all new research continually, and feels that there is currently not enough research to change their position on this matter. Dr. Wojnakowski described N2O as excellent anesthesia, but added it can have serious side effects on pediatric patients such as a myocardial depressant/respiratory depressant. She encouraged the committee to look at ways to prepare nurses to safely administer N2O. Dr. Terek Youssef stated that the age of pediatric patients to receive N2O is 11 months and up. The question was also raised about who classifies the patient as ASA I or ASA II. The committee felt it should not be an RN. Based on a personal experience, Amy Warengo spoke in favor of having RN's trained to safely administer N2O. Guest Theresa Crawley, RN, CRNA, Board Member, stated her main concern is for patient safety and that adequate training is the essential component. Colleen Payne addressed the education component and the need to see what has already been included in a nurses education. Guest Teri Reyburn RN, CPNP asked the committee not to "get stuck on 50%" but to look at what needs to be achieved. Theresa Crawley expressed that 50% is a safety level and of all importance. A vote was taken as to whether to table this subject or to obtain additional information and proceed. The committee voted to proceed in obtaining additional information for the committee to review.

Recommendation/Action Taken/Responsible For

A motion was made by Marla Moore and seconded by Pat Johnson to have the sub committee re-look at the draft and address issues that were brought up in the discussion such as who classifies the patient as ASA I or II; what should be the age of the child; is pulse oximetry required? Compare the education of dental hygienists with nursing education and recommend specifically the additional education needs for the RN. The motion carried. Additional volunteers to serve on the sub committee included: Ann Earhart, Donna Heitmann, Karen Hardy, and guests Dr. Mary Wojnakowski and Theresa Crawley. Responsible persons - James Soler, Mary Hubenthal, Colleen Payne, Ann Earhart, Donna Heitmann, and Karen Hardy.

VII. Adjournment

The meeting was adjourned at 2:30pm.

Minutes respectfully submitted by:

Judy Bontrager, RN, MN

Draft Minutes submitted to the Board September 2007

Minutes approved by the SOP Committee _____

JB/cc

**Scope of Practice Committee Meeting
Arizona State Board of Nursing**

June 12, 2007

List of Attendees

SOP Committee Members

Clinton Armer, RN, BSN
Kimberly Eacott, RN, BSN, CCRN
Ann Earhart, RN, MSN, CRNI
Karen Hardy, RN, MSN
Donna Heitmann, RN, BSN, MPH, EMT
Patricia Johnson, LPN
Barbara LaBranche, RN, BSN, MBA
Kimberly LaMar, RN, BSN, MSN, ND/DNP, CNNP,
RNC, DPD/BC
Susan Mayer, RNC, MSN
Marla Moore, RN, BSN, MA
Joan Olcott, RN
Colleen Payne, RN, MS-NL, TNCC
Shirley Rodriguez, RN, BSN, CSNP
Jeannette Sasmor, RN, MBA, EdD
James Soler, RN, BSN
Aleksandra Spanovich, RN CPN@ RNFA
Amy Warengo, RN, BSN
Eva Woodburn, RN, BSN, MSN
Judy Bontrager, RN, MN
Joey Ridenour, RN, MN

Guests

Joyce Benjamin, AZNA
Theresa Crawley, CRNA
Mary Wojnakowski, CRNA
Suzan Miller Hoover, CNS Banner
Children's Hosp.
Teri Reyburn Orne, Banner Children's
Hosp.
Tarek Youssef, MD
Valerie Soler, CRNA
Sue Heck
Rachel Corwith, LPN, Student Nurse
Barbara Schaffer, Mercy Gilbert Medical
Center
Jason Lin, Eagle Air Med