

# SCOPE OF PRACTICE COMMITTEE MINUTES

December 2, 2014

**Members Present:** See Attached List

**Guests Present:** See Attached List

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## **Call to Order:**

Lori Gutierrez, co-chairperson, called the meeting to order at 10:03 am.

### **I. Introductions**

Ms. Gutierrez asked the SOP committee members and the guests in the audience to introduce themselves.

### **II. Review and approval of September 9, 2014 minutes.**

A motion was made by Yvonne Sposito & seconded by Nancy Panthofer to accept the minutes. Motion carried.

### **III. Advisory Opinions reviewed/approved at the September 19, 2014 Board Meeting**

- A. FAQ: Assessing Patient /Client Conditions: The Role of the RN
- B. Tumescant Lidocaine Injection: The Role of the RN
- C. Intravenous Administration of Radiologic Contrast Media
- D. Endotracheal Intubation: The Role of the RN
- E. Wound Care: The Role of the LPN
- F. Deep Sedation for the Mechanically Ventilated Patients

### **IV. Review of current advisory opinions**

#### **A. Chronic Dialysis in an Outpatient Facility: The Role of the LPN**

Sharon Radcliff, Dr. Nancy Spahr. Postponed until the March 3, 2015 meeting.

#### **B. Nitrous Oxide Administration**

Elizabeth Allen reviewed the recommended purposed changes including: the RN role to monitor maternal self-administration of nitrous oxide during labor, clarification that the concurrent administration of any other sedative anesthetic (such as ketamine) or narcotic analgesic with nitrous oxide would fall outside the specifications of this advisory opinion, the RN may discontinue nitrous oxide in the event of maternal/fetal compromise during maternal self-administration, added patient self-administration for labor and delivery, patient/family educations to the course of instruction, and added more clarity in the rationale to where nitrous oxide can be used.

**Recommendation/Action Taken/Responsible For:** A motion was made by Nancy Panthofer seconded by Dr. Nancy Spahr, to take the revised draft to the January 29-30, 2015, Board Meeting for approval. Motion carried. Responsible person – Judy Bontrager.

#### **C. Central Line Insertion**

Omar Beltran opened the discussion on Central Lines. A statement was added to indicate it is NOT within the RN Scope of Practice to insert a Central Venous Catheter (CVC) thru the use of the subclavian vein or via a tunneled or implant method. The input received from the Advanced Practice Committee on 8/16/2014 was carefully reviewed and discussed including: Lack of

published research, catheter size restriction. SOP members expressed the need for published research as well but felt the longevity that RNs have been inserting Central Vascular Devices (some as far back as 2006) show evidence of safe practice. Also noted was that no adverse outcomes relating to this practice have been reported to the board. The suggested revision also increases safety by limiting the RN inserting CVCs via implanted/tunneled method, encouraging use of ultrasound, having a licensed independent practitioner readily available. Members also felt having RNs available to insert CVC decreases delays in treatment, especially on nights and weekends.

**Recommendation/Action Taken/Responsible For:** A motion was made by Dr. Nancy Spahr, seconded by Omar Beltran, to take the revised draft to the January 29-30, 2015, Board Meeting. Motion carried. Responsible person – Judy Bontrager.

#### **D. Medical Esthetic Procedures Performed by Licensed Nurses**

Revised as a result of physician's request to add several items to this advisory opinion. The SOP members reviewed temperature controlled invasive procedures, destruction of fat with non-invasive methods, hormone pellets and use of blunt catheters/cannulas for tissue/dermal fillers and recommended adding to the advisory opinion. The committee also recommended Naturopathic doctors be included as a provider. Input from Gail Anthony, Executive Director of Naturopathic Board, spoke in support of this recommendation.

**Recommendation/Action Taken/Responsible For:** A motion was made by Angie Bannochie, seconded by Nancy Panthofer, to take the revised draft to the January 29-30, 2014, Board Meeting. Motion carried. Responsible person – Judy Bontrager.

#### **E. Ventilator Care by Licensed Practical Nurses**

Eva Caruso noted changes recommended: LPNs do not independently implement nursing actions based on conclusion of assessments drawn from their own observation ie. Perform ventilator changes. Eva Caruso also recommended additions to the course of instruction: indications for and performance of oral care and tracheal suctioning, signs of ventilator malfunction, alarm interpretation, and appropriate communication techniques to use with mechanically ventilated patients.

**Recommendation/Action Taken/Responsible For:** A motion was made by Nancy Panthofer, seconded by Shelly Lanagan, to take the revised draft to the January 29-30, 2014, Board Meeting. Motion carried. Responsible person – Judy Bontrager.

#### **F. External Jugular Cannulation for Peripheral IV**

This advisory opinion was put on hold for discussion. If the board approves the Central Venous Catheter Insertion by RNs we could retire this advisory opinion.

#### **G. Analgesia by Catheter Techniques\* Epidural, Intrathecal, Interpleural, Perineural** Postponed discussion to March 3, 2015, SOP meeting.

#### **H. Cardiac Electrophysiology Related Procedures Performed by RN**

Dr. Nancy Spahr clarified that in this role the nurse is acting as an extra pair of hands and can assist with these procedures only when the Licensed Independent Practitioner (LIP) is present.

**Recommendation/Action Taken/Responsible For:** A motion was made by Eva Caruso seconded by Nancy Panthofer, to take the revised draft to the January 29-30, 2014, Board Meeting. Motion carried. Responsible person – Judy Bontrager.

## I. Pre Hospital Nursing

Victoria Graham provided clarification on certification courses and updated references.

**Recommendation/Action Taken/Responsible For:** A motion was made by Nancy Panthofer, seconded by Shelly Lanagan, to take the revised draft to the January 29-30, 2014, Board Meeting. Motion carried. Responsible person – Judy Bontrager.

## V. Topics of Discussion

### A. Low Dose Ketamine Administration by RNs in General Care Areas

Eva Caruso gave a presentation on the background for using low dose ketamine for patients with chronic pain and a history of opioid tolerance. She explained dosing, adverse effects, monitoring recommendations and literature review. Committee members felt there is a need for Arizona to have an advisory opinion.

**Recommendation/Responsible For:** Develop a draft advisory opinion and return to March 3, 2015, SOP meeting. Responsible person – Eva Caruso.

### B. Intradermal, Subcutaneous, and Submucosal Infiltration of Local Anesthetic Agents – Role of the Nurse

Dr. Nancy Spahr defined the many uses of anesthetic agents for the purpose of analgesia in areas such as dermatology, diagnostics, wound management, suturing, medical esthetics, etc. Dr. Nancy Spahr solicited input from the committee. The committee felt it would be advantageous to develop an advisory opinion

**Recommendation/Responsible For:** Develop a draft advisory opinion and return to March 3, 2015 SOP meeting. Responsible person – Dr. Nancy Spahr.

### C. Arizona Radiation Regulatory Agency – draft rules

Postponed until March 3, 2015, SOP meeting,

### D. Advisory Opinions needing review in 2015

Committee members volunteered for opinions to review in 2015. More names will be added when new members come in June.

### E. Suggested dates for SOP meeting in CY 2015

March 3, June 2, August 25, and December 1

**Recommendation/Action Taken/Responsible For:** A motion was made by Dr. Karla Baning, seconded by Shelly Lanagan, to accept the suggested dates. Motion carried. Responsible person – Judy Bontrager.

### F. Committee members interested in serving an additional 2yr term (6/15 – 6/17), indicated their desire to do so.

### G. Triage Type Protocols

Guest Margaret Johnson addressed the committee regarding the use of triage type protocols in urgent care type settings or for phone triage. She described a computerized program of 2000 protocols, of which 28 included medications. Examples: UTI, Vaginal Yeast, Peds thrush. The program is for long term primary patients. If the patients symptoms don't fit the protocol exactly a Doctor must be called. It has been in use in Minnesota for 8 years. The protocols are

reviewed every 18 months.

A question was raised re: how to comply with CMS's requirements to have a doctor's order in the chart. Standing orders have been developed. The order is entered as "a protocol" and sent to the physician for signature. The committee supported the suggestion to develop a draft advisory opinion for review.

**Recommendation/Responsible:** Develop draft advisory opinion - Dr. Nancy Spahr

**VI.** Next SOP meeting is March 3, 2015, at 10 am.

**VII. Adjournment**

The meeting was adjourned at 2:20 pm.

Minutes respectfully submitted by:



Judy Bontrager RN, MN

Draft Minutes submitted to the Board January 29-30, 2015.

Minutes to be approved by the SOP Committee at the March 3, 2015, meeting.

JB/bm

Scope of Practice Committee Meeting  
Arizona State Board of Nursing

## List of Attendees

### **MEMBERS PRESENT:**

Angie Bannochie, RNC-NIC, BSN  
Catherine Riedel, RN, MSN, ACNS-BC,  
Elizabeth Allen, RN, MSN, CCRN  
Eva Caruso, RN, MSN, ACNS-BC  
Karla Baning, RN, ACNP-C, CCRN, CNRN, DNP, SCR  
Marlene Eriacho, MBA/HCA, BSN, RN  
Nancy Panthofer, MSN, RN, NE-BC  
Nancy Spahr, EdD, MS, RN-BC, MBA, CNS  
Omar Beltran, RN, BSN, Masters  
Shelly Lanagan, RNC-OB, MS, WHNP  
Victoria Graham, RN, BSN  
Yvonne Sposito, RN, MHS

### **MEMBERS ABSENT:**

Crystal Bennett, RN, MN, DNSc  
Jody Coolman, RNC-OB, BSN  
Larry Helwig, RN  
Lesley Eastman, RN, BSN, WCC  
Linda Tinker, MSN, RN, CHSE  
Sharon Radcliffe, RN, MSN, BSN, MBA, Dip.  
Sherry Burns, MSN, RN-BC, ACM, CEN  
Theresa Finney, RN, BSN, MBA, Rac-CT, NHA  
Theresa Frimel, MSN, RN, CNE  
Teri Berigan, LPN

### **BOARD STAFF ATTENDING:**

Judy Bontrager, RN, MN

### **BOARD MEMBERS ATTENDING:**

Lori A Gutierrez, BS, RN-C, DON-CLTC, CBN

### **GUESTS PRESENT:**

Angie Ryan  
Diane Posthumus  
Judy Irvin  
Meg Johnson