

# Arizona Board of Nursing

**Doug Ducey**  
Governor



**Joey Ridenour**  
Exec. Director

## Advanced Practice Committee Meeting Minutes February 19, 2020

The Advanced Practice advisory committee of the Arizona State Board of Nursing convened at 1:02pm, Wednesday, February 19, 2020, at 1740 W. Adams Street, Phoenix, Arizona in Conference Room B.

### COMMITTEE MEMBERS PRESENT:

Carolyn McCormies, RN, MS, FNP-BC Board Member, Chair  
Carol Bafaloukos, DNP, WHNP-BC, FNP (Telephonic)  
Karla Baning, DNP, ACNP-C, CCRN, CNRN, SCRNP  
Shannon Bitza, DNP, AGACNP-BC, AGPCNP-BC  
Janice Bovee, MSN, CNM, RNFA  
Amanda Dean, DNP, MSN, ACNP, CENP  
Roni Fox, MSN, FNP-C PMHNP  
Karen Holder, MHS, FNP-BC, AHN-BC, CNM  
Dennis Kirsten, DC, NP-C (Telephonic)  
Isabel Kozak, DNP, ANP-C  
Pamela Lusk, DNP, PMHNP-BC (Telephonic)  
Leila Micklos, MS, FNP-BC  
Heather Naylor, MSN, FNP-BC, AP-PMN  
Joan Ralph-Webber, DNP, CNS, CRNI, OCN  
Lee Ranalli, MSN, CRNA (Telephonic)  
Patti Stoffers, DNP, MS-NE, WHNP-BC (Telephonic)  
Tracy Thomas, MSN, CCRN, TCRN, ACNS-BC (Telephonic)  
Shelley Vaughn, DNP, FNP-BC

### COMMITTEE MEMBERS ABSENT:

Angela Fountain, RN, MSN, CRNA Board Member, Chair

### BOARD STAFF PRESENT:

Janeen Dahn, PhD, MSN, FNP-C, Associate Director of Investigations and Compliance  
Heather Healy, MSN, RN, FNP-BC, NEA-BC, PMP, Education Program Administrator  
Lyn Ledbetter, Administrative Assistant II  
Tiffany Fotinons, MSN, FNP-C, Investigator  
Diane Caruso, MSN, FNP-c, CRRN, Investigator

**GUESTS PRESENT:** On File in Board Office

- 1.) Call to Order**  
The meeting was called to order at 1:02pm, Wednesday, February 19, 2020.  
McCormies presided.  
McCormies welcomed members and the public audience.
- 3.) Welcome - Carolyn McCormies**  
**Discussion:** Dahn introduced/welcomed Carolyn McCormies, Board Member, to the Committee. Committee members introduced themselves.
- 2.) Approval of Minutes - October 23, 2019**  
**Review:** Advanced Practice Committee Minutes from October 23, 2019  
**Motion:** Cable moved, Helmick seconded, and it was unanimously carried to approve the minutes of October 23, 2019 as presented.  
**Follow up:** Board Staff to add minutes to the website (previously presented at the January 2020 Board meeting)
- 4.) Update on Rule Changes & CNS Scope of Practice**  
**Discussion:** Healy updated the committee that the rules are currently with the Governor's office. Two new CNS programs are coming to the state. CNS Conference will be held March 20, 2020. Email will go out to all CNS licensed inviting them to meetings.
- 5.) Legislative Session Update**  
*HB Regarding Continuing Education Credits*  
**Discussion:** Dahn advised that there is a bill pending regarding a requirement of continuing education credits prior to renewal, which is expected to pass. There was also mention of a violence against healthcare workers bill. Dahn reminded committee members that two applications are required for Advance Practice nurses when renewing licensure on the new system.
- 6.) Telemedicine for Pain Management**  
**Discussion:** Kirsten talked to the committee members about AZ laws regarding telemedicine face to face requirements. Kirsten spoke with the DEA and Inspector from the State Department of Health Services who told him that telemedicine is illegal.  
Dahn advised that there is a statement from NCSBN regarding telemed. There is no AZBN Advisory Opinion at this time regarding this. Arizona Nurse Practice Act rules state that there has to be a professional relationship with the patient and nurses have to be licensed to the state that they are providing care in. You are held accountable if you use telemed. RNs are not supposed to conduct the examinations outside their scope. Face to face is not a requirement.  
**Follow up:** Board staff will send out a statement from NCSBN regarding telemedicine and will bring this topic back to the next meeting.
- 7.) Advisory Opinion: Acupuncture Procedures Performed by APRNs**  
**Discussion:** References were updated.  
**Motion:** Fox moved, Naylor seconded, and it was unanimously carried to table to the next meeting.  
**Follow up:** Add to next agenda

- 8.) Advisory Opinion: Certified Nurse Midwives Ordering Regional Analgesia in Labor Management**  
**Motion:** Bovee moved, Fox seconded, and it was unanimously carried to table to the next meeting.  
**Follow up:** Add to next agenda
- 9.) Advisory Opinion: Controlled Substances for the Treatment of Chronic Pain**  
**Discussion:** Naylor reviewed changes that were made to the advisory opinion.  
Separate abandonment advisory opinion created.  
Take section 7 out except for the statement about referral to an appropriate agency for withdrawal treatment. Addition of statement to refer to advisory opinion abandonment of patient.  
**Motion:** Cable moved, Vaughn seconded, and it was unanimously carried to approve the advisory opinion with the amendment mentioned in the meeting.  
**Follow up:** Add to March Board agenda
- 10.) Advisory Opinion: Abandonment of Patients in the Treatment of Chronic Pain**  
**Discussion:** This was combined with Advisory Opinion Controlled Substances for the Treatment of Chronic Pain
- 11.) Advisory Opinion: Epidural Analgesia by Nurse Anesthetist**  
**Motion:** McCormies moved, Bovee seconded, and it was unanimously carried to table this item  
**Follow up:** Add to next agenda
- 12.) Advisory Opinion: Ionizing Radiation Order and Interpretation (Discussion/Decision)**  
**Discussion:** Cable advised that the sub-committee updated references and rules  
**Motion:** Helmick moved, Vaughn seconded, and it was unanimously carried to approve the Advisory Opinion Ionizing Radiation Order and Interpretation.  
**Follow up:** Add to March Board agenda
- 13.) Advisory Opinion: Nurse Practitioner Descriptions of Roles and Functions**  
**Discussion:** Bitza advised of minor updates made to the advisory opinion Nurse Practitioner Descriptions of Roles and Functions  
**Motion:** Cable moved, Bovee seconded, and it was unanimously carried to approve the Advisory Opinion with the proposed changes.  
**Follow up:** Add to March Board agenda
- 14.) Advisory Opinion: Off Label Prescribing Drugs, Devices, and Therapeutics**  
**Discussion:** Helmich advised that only references were updated.  
**Motion:** Helmich moved, McCormies seconded, and it was unanimously carried to approve the Advisory Opinion with changes.  
**Follow up:** Add to March Board agenda
- 15.) Advisory Opinion: Prescriber use of the Controlled Substance Prescription Monitoring Program (CSPMP)**  
**Motion:** McCormies moved, Vaughn seconded, and it was unanimously carried to table this.  
**Follow up:** Add to next agenda

- 16.) Advisory Opinion: Prescribing Buprenorphine and/or Providing Treatment for Opioid Use Disorders**  
**Discussion:** Naylor reviewed the changes that were made to the Advisory Opinion.  
**Motion:** Naylor moved, Bovee seconded, and it was unanimously carried to approve the Advisory Opinion with changes.  
**Follow up:** Add to March Board agenda
- 17.) Advisory Opinion: Role of the Advanced Practice RN: Treating & Prescribing of Medications to Self and/or Family**  
**Discussion:** Cable advised that the only updates were to the references and rules  
**Motion:** McCormies moved, Helmick seconded, and it was unanimously carried to approve the Advisory Opinion with changes.  
**Follow up:** Add to March Board agenda
- 18.) Advisory Opinion: Best Practices for Clinical Preceptors**  
**Discussion:** Healy would like volunteers to assist with a survey to be sent out to Nurse Practitioners/CNS/CRNA regarding being paid as a preceptor by schools or nurses.  
**Follow up:** Helmick, Bitza, and Bafaloukos will assist.
- 19.) Call for New Members (Discussion/Decision)**  
**Discussion:** Dahn advised that members are encouraged to re-apply. The call for members is open until March 23rd, 2020. New members will begin term at the May meeting. Would like representation all over the state. The committee is made up of 20 members and we accept new applications every January and sit a new committee every May. .
- 20.) 2021 Committee Meeting Dates (Discussion/Decision)**  
**Discussion:** Dahn proposed 2021 dates to the committee 2/3/2021, 5/5/2021, 10/13/2021.  
**Motion:** Bovee moved, Fox seconded, and it was unanimously carried to approve the 2021 schedule for the Advanced Practice Committee with changing the May date to 5/5/2021.  
**Follow up:** Add to the website and add to the calendar.
- 21.) Future Meeting Topics (Discussion)**  
**Topic:** Telemedicine for Pain Management: Statements from NCSBN; Preceptor committee update.
- 22.) Upcoming 2020 Meetings (Information)**  
5/20/2020; 10/21/2020
- 23.) Call to the Public**  
University of Phoenix students talked with the committee members about difficulties obtaining preceptorship, legislative bills, Advisory Opinions, Board meetings, Scope of Practice.
- 24.) Adjournment**  
**Motion:** Cable moved, Hemlick seconded, and it was unanimously carried to adjourn the meeting.

**The meeting adjourned at: 3:13pm**