

Student Name \_\_\_\_\_ Class \_\_\_\_\_

### Arizona Nursing Assistant Skills Checklist: Classroom

**\*Students may not perform skills on residents/patients until they have demonstrated competency and been signed off by a RN in the skills laboratory.**

Testable	Classroom Competency Date	RN Initials
Ambulation with Gait Belt		
Ambulation with Walker		
Applying Antiembolic Stockings		
Bedpan and Output		
Bed Bath-Whole Face, One Arm, and Underarm		
Blood Pressure -Manual		
Denture Care		
Dressing Bedridden Resident		
Feeding the Dependent Resident		
Fluid Intake		
Isolation Gown and Gloves		
Mouth Care-Brushing teeth		
Mouth Care of Comatose Resident		
Making an Occupied Bed		
Perineal Care-Female		
Perineal Care-Male with a Soiled Brief		
Positioning Resident on Side		
Range of Motion Hip and Knee		
Range of Motion Shoulder		
Pivot Transfer a Wt. Bearing, Non-Ambulatory Resident from W/C to Bed using Gait Belt		
Pivot transfer a Wt. Bearing, Non-Ambulatory Resident from Bed to W/C using Gait Belt		
Vital Signs TPR		
Vital Signs TR, Pulse Oximetry, Electronic BP		

Non-Testable	Classroom Competency Date	RN Initials
Apply Clean Bandages		
Assist in Admitting Resident		
Assist in Discharging Resident		
Assist in Transferring Resident		

	Classroom Competency Date	RN Initials
Assist with Diagnostic Test/Obtains Specimen		
Back Rub		
Body Mechanics		
Care/ Use of Prosthetic or Orthotic Devices		
Catheter Care		
Documenting ADLs		
Donning/Removing Gown/Gloves/Mask		
Dress Resident		
Empty Catheter and Measure Output		
Fingernail Care		
Handwashing/Hand Hygiene		
Maintaining a Resident's Environment		
Make an Unoccupied Bed		
Mechanical Lift Transfer		
Move Resident Up in Bed		
Observe, Report Pain		
Ostomy Care		
Pass and Set Up Trays		
Perioperative Care		
Post Mortem Care		
Provide Care for Patients with Drains		
Provide Care of Patients with Feeding Tubes		
Range of Motion Exercises		
Recognizing and Reporting abnormal physical, psychological or mental changes		
Record Meal Percentage and Intake		
Report Skin Condition		
Shampoo and Hair Care		
Shaving		
Shower		
Skin Care		
Toileting		
Transfer and Position Resident in Chair		
Use of Assistive Devices in Feeding		
Use of Assistive Devices in Transferring, Ambulating, and Dressing		
Weight- Standing, W/C and Bed Scales		

Student Signature \_\_\_\_\_

RN Instructor Signature \_\_\_\_\_ Initials \_\_\_\_\_

Program Completion Date \_\_\_\_\_